

Online Meeting Template

Welcome to the _____ Group of Alcoholics Anonymous. My name is _____, and I am an alcoholic, located in _____.

Let's open this meeting with a moment of silence followed by the 3rd step prayer.

[Please paste the prayer in the text box:]

God, I offer myself to Thee – to build with me and to do with me as Thou wilt. Relieve me of the bondage of self, that I may better do Thy will. Take away my difficulties, that victory over them may bear witness to those I would help of Thy Power, Thy Love, and Thy Way of Life. May I do Thy will always.

Please be sure to mute your microphone when you are not speaking. If you are calling in instead of using the Zoom app, please mute your phone. We ask everyone to take a moment to do that now. If the video or sound is choppy for you, try closing other applications and taking other devices off your Internet connection.

You can also right-click on yourself in the app to rename yourself - we recommend including your city and state, or city and country. For example, mine is “ First Name Last Initial ” and I am calling from city/state/country. ”

Our group endeavors to provide a secure and welcoming virtual environment in which our meetings can take place. To help us make everyone feel comfortable in our meeting, we ask that group members and others refrain from contact with people they do not know during or after the meeting unless it is regarding recovery. We hope that we can work together to provide a safe meeting place for all attendees. This is accordance with the first tradition, which states that "Each member of Alcoholics Anonymous is but a small part of a great whole. AA must continue to live or most of us will surely die. Hence, our common welfare comes first. But individual welfare follows close afterward."

Also, please take the precautions you feel are necessary to ensure your own personal comfort. For example, please let the chairperson know if someone is sending inappropriate private messages during or after the meeting.

I have asked a friend to read the **12 steps of Alcoholics Anonymous.**

I have asked a friend to read the traditions.

Is anyone in their first 90 days of sobriety who would like to be recognized?

Is anyone celebrating an AA anniversary this month?

Welcome everyone. This is a 1-hour meeting. The meeting format is: _____ Please raise your hand and the moderator will unmute you in order of raised hands. If you are using the app you can “raise your hand” by clicking the three dots at the bottom and pressing “raise

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hand". Please keep your shares to 5 minutes or less in order to give everyone a chance to speak.

[Introduce the person bringing the topic]

Ok, the floor is now open for sharing. As a reminder in order to share please raise your hand and the moderator will unmute you in order of raised hands. If you are calling in and are unable to raise your hand please just unmute yourself and introduce yourself after the next available shar. Please introduce yourself and include where you're joining from.

[At the 55th minute]

Thank you to all those who shared. Now the seventh tradition:

We have expenses such as Zoom access, and other technical costs, so we are asking AA members to support this meeting if they are able. **This is not required!** Please only give what you can, and respect the seventh tradition of AA which states that we are fully self-supporting, declining outside contributions. This means you should only contribute to our group if you believe you have a problem with alcohol. Details about how to contribute will be pasted in the chat - please stay after the meeting if you have any questions about our contribution methods.

[insert paypal/venmo link]

Are there any AA-related announcements?

Our group conscious meetings take place on the _____ of each month after our regular meeting. If you have any questions about AA, or this group, or sponsorship, please stay on for the meeting after the meeting and bring them up. We hang out afterwards. Let's end the meeting with a moment of silence followed by the Responsibility Statement, which is now in the chat:

[Paste Responsibility Statement in the chat]

*I am responsible.
When anyone, anywhere reaches out for help,
I want the hand of AA always to be there,
And for that I am responsible.*